

Daily Prayer Resources

You can choose to join in communal prayers through your church or online, or choose individual prayer using the phone apps and websites listed below.

NZ Anglican Church Daily Prayers

Join All Saints Morning or Midday Prayer on Zoom using the details in our weekly newsletter .

Join Wellington Diocese Zoom Evening Prayer via the Movement Online website:

movementonline.org.nz/evening-prayer

Zoom prayers often display the readings and liturgy on your screen. If you want to have them for your own use, Daily Prayers use the liturgy and Bible readings available in:

NZ Prayer Book online

anglicanprayerbook.nz

Lectionary (daily Bible readings)

[New Zealand's Lectionary Te Maramataka 2021](#) (Download PDF 1.57 MB)

Phone apps

Search in your phone's app store for the app you'd like to download.

Click the link if you want to use it on your computer.

Pray As You Go

A daily prayer session from the Jesuits, designed to go with you wherever you go, to help you pray whenever you find time.

Six new prayer sessions per week — between 10 and 13 minutes of music, scripture, and questions for reflection. Great if you want a framework for your own prayer.

www.pray-as-you-go.org/home

Lectio 365

A daily devotional resource that helps you pray the Bible every day. Written by leaders from the 24-7 Prayer movement.

www.24-7prayer.com/dailydevotional

Centering Prayer

A method of meditation used by Christians, placing a strong emphasis on interior silence.

Sign up on the website and you'll be sent emails as a prompt and/ or structure for prayer.

<https://www.contemplativeoutreach.org/centering-prayer-method/>

Word for Today

Sign up for a daily email at www.rhema.co.nz

Or download the app

www.rhema.co.nz/the-word-for-today

Or phone them and ask for a print booklet: (09) 307 1251

Word For You Today

www.lifefm.co.nz/wordforyoutoday

Scripture Union NZ

Daily Bread booklet (pay per issue or subscribe)

www.sunz.org.nz/shop/?cat%5B%5D=5&subcat%5B%5D=36

Scripture Union UK

scriptureunion.org/encounters/ (for digital version)

'Encounter with God' quarterly Bible reading notes, available from Scripture Union NZ in paper format (\$15.99 per quarter or \$49.99 annually), or in several digital formats from Scripture Union UK's website (£4.99)

Richard Rohr: Center for Action and Contemplation

Free email reflections sent every day of the year. In each meditation, Richard Rohr and guest authors reflect on a yearly theme, with each week building on previous topics.

cac.org/category/daily-meditations/

cac.org/email-sign-up/?tfa_5118=1

Henri Nouwen

Short daily meditations drawn from Henri Nouwen's writing.

henrinouwen.org/read-nouwen/free-daily-meditation/